

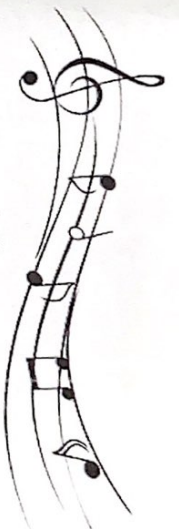
Singing, praising, and
thanksgiving are the great
building impulses of man.

Never repress the desire to give
thanks through happy songs
and words of praise.

Singing restores harmony to
tense nerves because its
vibrations stir them to action,
thus making it possible for the
ever-waiting, healing Spirit to
get in.

To a greater or lesser
degree every word one speaks
vibrates the cells up and down
the body, from front brain to
abdomen.

Charles Fillmore~
The Revealing Word



Everyone is musical.
Everyone holds the gift of music within
them. It is intrinsic to the nature of us all,
without exception. We have been sur-
rounded and nourished by music since the
moment of conception—from the sounds car-
ried to us through the amniotic fluids during
pregnancy to the rhythmic beat of our own
hearts. Music and rhythm are life itself.
Music is healing, and we must make it a
conscious active part of our lives. We must
participate in music as we did as children.
This is not just listening to it or using it to
fill voids of silence in our lives. We must
learn about it from an entirely new perspec-
tive. We must realize that within music lies
all the wonders and keys to the miracles of
life. Within music lies all the principles of
life—natural and spiritual. Music can facili-
tate the process of change and growth. Inspi-
ration and intuition occurs through a repeti-
tion of regular musical structures, tones,
and patterns that change the brain wave
pattern from a beta (normal consciousness)
to an alpha pattern (altered state of aware-
ness).

Ted Andrews~
Sacred Sounds

The Motion of Devotion

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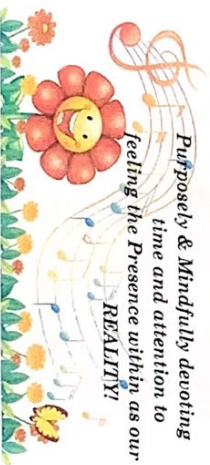
THE MOTION OF DEVOTION

Solternative Singing

A group
Call & Response
Devotion
to the
Power of Love
within us.

*Worship God (Love) in everything
and you will find the answers to
your problems.*

~Paramahansa Yogananda



The Motion of Devotion

offers a call & response group singing devotion, which guides us through the 5 steps of Spiritual Mind Treatment as created by Ernest Holmes, also called **Affirmative Prayer** in New Thought/Ancient Wisdom teachings.

The Motion of Devotion is **Affirmative Prayer in song**...a personal experience in a group energy.

Our **intention** is to gently guide a unique group to an **experience of the Divine Within as our True Reality** by feeling Its truth in our hearts through music.

This is an activity for the **mind... the heart... the body... and the soul.**

It allows for us to experience an **integration of self...**

bringing our lives more into balance, where we experience more peaceful moments in our mind.

Aware of our wholeness with ALL...

Re-membering our power for Good...our Abundance in Spirit...and our

COMMON SENSE in Love, expressed through each of us as a joy-filled Life!

RECOGNITION:

God (Love) is ALL there is.

Love is all I see

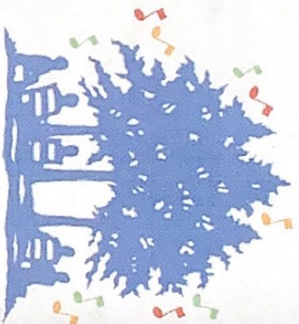
Love is the truth within me

When I feel discouraged thinking, all is lost

Love is there!

Love is there!

Michael Gott



UNIFICATION:

I AM one with God (Love).

Open up to the Love

Open my heart so my

love can escape

I love you!



REALIZATION:

God (Love) lives in the Present Moment in and through and as ME! I claim this to be true as I see myself Whole, Perfect and Complete now!

(Spoken word call & response)

I see myself as capable, strong and intelligent...I see myself as calm patient and peaceful...I can do all things through my "higher mind", Christ consciousness. I see myself as a perfect reflection of Love, shining brightly for the world!

GRATITUDE & RELEASE

I can't help but be grateful!

I celebrate Love and let it

manifest in my life!

And So It Is! And I LET IT BE!

Smiling in the grace of Love

Light shines through/as me

I let it be!

I let it be!

Om.....